

Day Nursery – Sample Tea Menu

	WEEK ONE	WEEK TWO	WEEK THREE
MONDAY	Cheese Sandwich (V) <u>or</u> Tuna Mayo Sandwich Mixed Salad Vanilla Cupcake (V)	Margherita Pizza (V)(Wg) Cucumber Sticks Strawberry Jelly & Fruit Cocktail (Ve)	BBQ Chicken & Salad Wrap Mixed Salad Cheddar Cheese & Biscuits (V)
TUESDAY	Penne with Grated Cheese (V) Mixed Salad Melon Fingers (Ve)	Jacket Potato with Beans & Cheese Mixed Salad Chocolate Cookie (Ve)	Chicken with Noodles Carrot Sticks Banana & Natural Yoghurt (V)
WEDNESDAY	Penne with Bean Bolognese Mixed Salad Vanilla Shortbread (Ve)	Fish Finger in a Bun Mixed Salad Cheddar Cheese & Biscuits (V)	Red Onion & Sweetcorn Pizza (V)(Wg) Cherry Tomatoes Chocolate Cupcake (Ve)
THURSDAY	Mixed Bean Chilli with Rice (Ve) Cucumber Sticks Cheddar Cheese & Biscuits (V)	Chicken & Salad Wrap Cherry Tomatoes Fresh Fruit Salad & Natural Yoghurt (V)	Vegan Sausage Roll (Ve) Mixed Salad Vanilla Cookie
FRIDAY	Cheese Pasty Baked Beans Fresh Fruit Salad & Natural Yoghurt (V)	Penne with Grated Cheese (V) Mixed Salad Pineapple Fingers (Ve)	Cheese Pitta (V) <u>or</u> Tuna Mayo Pitta Cucumber Sticks Strawberry Jelly with Peaches (Ve)

A picture containing diagram
Description automatically generated

V - Vegetarian Ve - Vegan Wg - Wholegrain



Fresh fruit and fresh drinking water available daily