



Nursery Newsletter

23th January 2023

Dear Parents/Carers,

The children have been learning how to balance blocks and following the instruction sheet. Look at the wonderful results

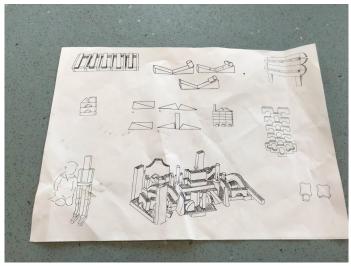
Special points of nterest:

- This week's activities
- Calendar Dates updated
- Useful resources for parents
- What's happening in the Community, free courses and food



Block building

Children have focused and produced amazing structures



Calendar 2022-2023

Nursery

Dates

Updated

Websites

Spring Term 2023

Monday 13th February- Friday 17th February- Closed for Half Term

Monday 20th February—Children return

Friday 31st March - Last Day of Term

Summer Term 2023

Monday 17th April- Children return

Thursday 15th June - Class Photos

Monday 29th May - Friday 2nd June Closed for Half Term

Monday 5th June- Closed for INSET day

Tuesday 6th June—Children return

Friday 2ist July- Last Day of Term

Useful resources and courses

An excellent <u>resource for parents</u> struggling with <u>managing</u> <u>difficult behaviour</u> with short easy to understand videos. This is the link to download the app:

https://play.google.com/store/apps/details?id=com.hip.app&ql=US

Please see below link for <u>resources around parenting</u> – there are lots of short articles and videos around a range of topics

https://parentingsmart.place2be.org.uk/

This can be useful for parents who might not want to engage in support form professionals but would like some tips on parenting difficulties. Coffee morning every Wednesday from 10am to 12pm at the Alton Activity Centre

Self Care workshop for Women every Friday 10:00-11:30 Yoga, Breathwork, Meditation and Sound Healing

Roehampton Warm place for families at the Children Centre Monday-Friday Wagamamas are offering free hot drinks and sides for adults and free meals for children.

On these dates: 17/01/23-7/02/23 Families can book on the link below:

https://www.eventbrite.co.uk/e/wagamama-community-hubs-southside-wandsworth-tickets-513957790587?fbclid=IwAR2ojvNaQ6R1yF6uW Yf QM9Mw n-hVNADty8Z6R3ss2DG1Hzr3AssiWJFY

Wandsworth
Mediation

www.wagamama.com/nourishingothers

31.01-14.03.2023 | PORTSWOOD SPACE, SW15 4ED

Free workshops: 'Empowering Women'

Life skills to help you express yourself in everyday conflict.

- Women only all women welcome!
- For Roehampton community as priority.
- · A safe and confidential space with femaleonly facilitators.
- Teas and coffees provided.



Free Workshops "Empowering Women" from 31st January to 14th March 2023, the attachment for all the dates and times was sent in last week Newsletter.



Flow Yoga Class

Starting Tuesday 10th January 2023 2.00 - 3.00pm

Roehampton Fitness Centre

Come with an open mind, an attitude of kindness and playful curiosity. Wear comfortable clothing that you can move about in easily. Yoga mats provided. Age: 18+

A Roehampton Community Champion Project











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